



Traditional Aikido of Sonoma

Aikido Friendship Gasshuku featuring:

Noel Kennedy, 4th dan

Craig O'Connor, 3rd dan

Nathan Feileacan, 2nd dan

Julian Shay, 2nd dan

The instructors of Traditional Aikido of Sonoma invite you to a half day training event. The first half will focus on jo basics, including 31 count jo kata paired practice (so bring your jo). The second half with focus on empty hand basics. All styles and levels are welcome to attend.

Sunday, July 27th from 9am to 1pm.

3168 Condo Court, Santa Rosa, CA

Adults: \$20 Kids: \$10

For more information: email dojo-cho@sonic.net

call 707-695-3418

<http://www.traditional-aikido.com>